

Rekindle Youth is a project administered by The Rewild Project with funding in place to co-develop a qualification in Heritage Crafts and Land Based Skills (CALs) over the 22-23 academic year.

Our aim is to work with young people aged 13-18 who are not thriving in the current education system, to reignite their passion for life and the future.

## **AIMS:**

- To build resilience in our young people, a connection to nature and to themselves.
- To develop a range of useful practical, and transferable skills meeting and learning from some inspiring local craftspeople.
- To provide a complete holistic rewilding experience setting them in good stead for the future.

## **LEARNING OUTCOMES**

1. Develop a range of craft skills and future career options.
2. Develop emotional intelligence and resilience.
3. Feel more comfortable spending time out in nature.
4. Have a range of navigational skills and woodcraft tools.
5. Be able to recognise and name a range of wild herbs and plants along with benefits or risks.
6. Feel comfortable with using knives for bushcraft and ancestral skills and know how to use safety and what to do in an emergency.
7. Know what ancestral skills are and why they are still important.