



Instructions for parents

Thank you for booking your wild one/s into The Rewild Project CIC Holiday club.

We are so happy to welcome your family to join us to learn land-based skills, heritage craft skills and have loads of fun exploring outdoors, learning skill and making new friends.

In future we will be registering with OFSTED to allow parents to use Childcare Vouchers, and will look at opening in term time for little ones with free hours, and afterschool too.

Key Information

Drop off & pick up: Noxon Farm, Lydney GL15 6QR – Follow Sat-Nav to Noxon Farm, as you turn down the lane there are a couple of Speed Bumps – The Rewild Permaculture Allotment is the first gate on the left.

Parking

is very limited at the farm, so please be as quick as possible
Park in the layby if clear, or further down at the farm.

PLEASE DO NOT TAKE THE RIGHT HAND FORK TO SPENCERS GARAGE – SOMEONE WENT UP THERE AND BUMPED HIS CAR LAST TIME EEK!!

Drop off 9.30-10am
Pick up 3.15-3.45pm

Food & Snacks

Meal times are an important part of our day, it's a time when we come together and sit around the table, or in circle and have chance to talk, share information, listen to stories and play games. We work hard to make sure these times are a joy, to instil good eating habits and laying good foundations for a healthy relationship with food later in life.

10am & 2.30pm

Everyone has a good snack of fruit with either porridge, oat, rice or corn cakes which the children help to prepare.

12-1pm

Lunch is usually a vegetable soup, stew or daal with either bread / rice, cheese & butter or olive oil.

Children have a glass of water with each snack and mealtime, and water is available throughout the day. We only use locally collected spring water for drinking.

All of our food is either picked straight from the allotment or bought local & organically wherever possible – usually via The Forest Food Hub <https://www.deanforestfoodhub.org.uk/> ensuring we support local businesses, looking after the planet, and our health all at once!

We always make sure there is something that each child feels comfortable eating, and everyone is surprised at how even fussy eaters accept the 'Rewild Soup' and go home asking to be more involved with mealtimes at home.

Please support us by **NOT SENDING ANY SNACKS**
– ***especially*** chocolate bars, crisps, flavoured yogurts and sugary / sweetened drinks.

Not only does this cause fluctuating energy levels and distractions to the flow of the day and unnecessary conflicts with both staff and other children.

If you are worried about your child having enough to eat, please arrange a phone call prior to attending Wildings – we are always happy to plan food so that there is always something your child will be able to eat.

Clothing

Please ensure your child is dressed for the weather – we are an outdoor setting and play outside IN ALL WEATHERS, so waterproofs and wellies in wet weather, and sunhats and loose light clothing in summer.

We do have undercover space and heated space for severe weather conditions and set up extra cover when needed.

Your child will need a change of clothes – playing is dirty work, and often wet!

We have some spares for emergencies, but not always the right size!

Medication

If your child needs to take medication throughout the day or has a medical condition they need support with, please talk to us as soon as possible. We are happy to do any extra training needed to ensure we are fully inclusive.

Contact details

Emma: 07922505272

Scott: 07811517096

Rewild Reception: 01452 447 038

